

Hope

For as many things as have been written before have been written for our instruction, that through endurance and through encouragement of the scriptures we might have hope. [Romans 15:4](#)

God is the only viable infallible long term solution and His involvement comes through getting His word inside of us. The first effect of His word in our heart is hope and encouragement. The second effect of His word in our heart is faith and peace. The final result of His word in our heart is the manifestation of the promise – the answer.

“The stars may fall, but God’s promises will stand and be fulfilled.” – J. I. Packer

Allow the goodness of God’s future for you to seep into your soul. This comes by soaking oneself in the scriptures. The scriptures are encouraging because:

1. God writes good things about what He has in store for each of us. His promises to us are all good ([II Corinthians 1:20](#)) for each one of us. He does not help one and not help another. “You are valuable because you exist. Not because of what you do or what you have done, but simply because you are.” – Max Lucado

2. The scriptures are true and infallible, so you can trust them with your life and your future. They are breathed by God for our personal use. Everything that God has and that God is stands behind his word. “Be assured, if you walk with Him and look to Him, and expect help from Him, He will never fail you.” – George Mueller

3. The Bible is not like every other book. The Bible is ‘Spirit and Life’ ([John 6:63](#)). When you read and spend time in the word, God’s Spirit and Life gets into you, bit by bit. Let His love and power and grace soak into your heart and soul. It will change you and your life.

Do the simple things necessary to allow the Holy Spirit to encourage your heart on a daily basis. God, in turn, will do the hard and impossible things. Spend time with God and let His love and hope and peace seep into you.

Dear Lord,

Help me to clear my life of all the busyness that clouds my focus on You. Still my heart Lord. Clear my mind. Help me to do the simple things like meditate on You. You'll take it from there. You already have it all figured out. I just need to spend time with You and have hope in You and then faith will follow. Thanks for being in control. Amen.